

A Culturally Responsive & Evidence-Based Social and Emotional Learning Curriculum that Prioritizes Social Justice and Gives Middle and High School Students the Tools to Thrive in and out of The Classroom.

WE ARE TUMAINIDC

THE TUMAINI WAY



TUMAINI DC

ABOUT

Tumaini means “hope” in Swahili. Tumaini DC is a 501(c)(3) non-profit organization that cultivates the next generation of socially responsible and culturally competent youth and adults through transformational social and emotional learning resources and experiences.

We take into account all the things a student need to learn and grow, even if those things reach outside the traditional roles of a school. We are the ONLY curriculum that combines mindfulness, restorative practices, parent engagement, civic engagement, and social justice into a comprehensive resource. Our multi-generational approach to social and emotional learning has the power to reduce disparities in our education system, while creating stronger and more resilient families and communities.

OUR CURRICULUM

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The “Tumaini Way” Social and Emotional Learning curriculum is designed to provide middle and high school students with tools to thrive in college, career, and in life, while positively impacting their communities by challenging systems of oppression and injustice. Comprised of 25 interactive lessons, The Tumaini Way is the first of its kind in that it is designed on the basis of mindfulness, brain-based learning, cognitive behavioral therapy, family engagement, social justice, and builds upon the five core Collaborative for Social Emotional Learning (CASEL) competencies.

OUR VISION

- Students Recognize the attitudes, skills, and knowledge needed to navigate, contribute to, and flourish in the world. School leaders and staff have the space and opportunities to develop their own social emotional learning needs as professions in education.
- Schools are trauma-informed and equipped with knowledge, skills and evidence-based resources that perpetuate sustainable, positive school climate and culture. Students have the tools to build strong relationships, understand their emotions and manage those emotions in a safe, healthy way.



CONTACT US



THE PROBLEM

Trauma¹

60%

More than 60% of youth age 17 and younger have been exposed to crime, violence, and abuse either directly or indirectly.

Suspensions²

2.7m

Across the US, schools suspended 2.7 million students out of school per academic year.

Chronic Absenteeism³

21%

21% of High School Students miss more than 15 days of school per year.