17th Annual School Health Interdisciplinary Program

School Health: The Foundation of Success for Students and Communities
August 3-4, 2017

Pre-Conference Session
August 2, 2017
Radisson Hotel
Timonium, Maryland

Sponsored by:
The Center for School Mental Health
University of Maryland School of Medicine
Division of Child and Adolescent Psychiatry

Division of Student, Family, and School Support
Maryland State Department of Education

Maryland Department of Health

Maryland Department of Juvenile Services

Maryland Department of Human Services

Co-Sponsored by:
Maryland State School Health Council
Overview
The School Health Interdisciplinary Program (SHIP) is a multifaceted approach to continuing education. SHIP provides comprehensive training on coordinated school health. The conference focuses on topics vital to school professionals. SHIP is committed to advancing quality and sustainability in school health with this year’s theme being School Health: The Foundation of Success for Students and Communities. Training will focus on helping school-based professionals understand core concepts in the school health field, including best practice strategies and policy across a three-tiered framework of healthcare.

Desired learning outcome
As a result of attending this program, attendees will be able to:
• define strategies that build and enhance effective partnerships to improve children’s health outcomes.
• describe three strategies to improve academic success for all students.
• identify strategies needed to promote wellness and success, while reducing high risk behaviors in students.

Disclosure of Conflicts of Interest
In accordance with the American Nurses Credentialing Center and the Commission on Accreditation standards for commercial support and sponsorship, The University of Maryland School of Nursing requires that all individuals in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest. The University of Maryland School of Nursing Office of Professional Education reviews and resolves all reported or potential conflicts of interest to ensure content integrity, objectivity, and scientific rigor for this activity.

Disclosure Statement
The Center for School Mental Health strives to ensure balance, independence, objectivity and scientific rigor in all of its educational programs. All presenters participating in this program have been required to disclose any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program. This includes relationships with pharmaceutical companies, biomedical device manufacturers or other corporations whose products or services are related to the subject matter of the presentation topic. The intent of this policy is to identify openly any conflict of interest so that the attendees may form their own judgments about the presentation with the full disclosure of the facts. In addition, each presenter is expected to openly disclose any off-label, experimental or investigational uses of drugs or devices in their presentations.

Commercial Support
This educational activity has not received any form of commercial support.
Pre-Conference Session
Wednesday, August 2, 2017

7:00-7:45 Registration and Coffee

8:00-5:00 Youth Mental Health First Aid Training

Sponsored by Maryland Project AWARE and the Mental Health Association of Maryland

This eight-hour training will cover the risk factors and warning signs of mental health challenges in children and adolescents. Attendees will learn the importance of early intervention, identify crisis situations, and understand their role in assessing care for the student.

Facilitated by: Jennifer Treger
Director, Mental Health First Aid
Mental Health Association of Maryland
Thursday, August 3, 2017

7:30-8:15 a.m.  Registration, Exhibits, and Continental Breakfast

8:30-8:45 a.m.  Welcome and Introductions

Sylvia McCree-Huntley, MS, Doctoral Candidate
Director, Professional Development & Continuing Education, Center for School Mental Health
University of Maryland School of Medicine

Nancy Lever, PhD
Conference Co-Chair
Co-Director, Center for School Mental Health
Associate Professor, University of Maryland School of Medicine

Alicia L. Mezu, MSN/Ed, BSN, BS, RN
Conference Co-Chair
Health Services Specialist
Division of Student, Family and School Support
Maryland State Department of Education

Alan Lake, MD
Chair
Maryland State School Health Council

8:45-9:45 a.m.  Plenary Session I

Introduction by:
Lynne Muller, PhD, NCC, LCPC
Conference Co-Chair
Section Chief, Student Services and School Counseling
Division of Student, Family and School Support
Maryland State Department of Education

Addressing the Foundation of Success for Students and Communities in School Health
Agency leaders will discuss the importance of success for all students and communities. They will also share how this plays a role in their agency’s work related to helping all students to succeed.
State Agency Leaders

**Kara Aanenson, LGSW**  
Director of Family Engagement  
Maryland Department of Juvenile Services

**Jinlene Chan, MD, MPH, FAAP**  
Acting Deputy Secretary for Public Health Services  
Maryland Department of Health

**Mary L. Gable**  
Assistant State Superintendent  
Division of Student, Family and School Support and Academic Policy  
Maryland State Department of Education

**Rebecca Jones Gaston, MSW**  
Executive Director  
Maryland Department of Human Services

9:45-10:45 a.m. **Plenary Session I**

*Introduction by:*

**Christine Evans Johnson, MA, CHES**  
State Adolescent Health Coordinator  
Maternal and Child Health Bureau  
Prevention and Health Promotion Administration  
Maryland Department of Health

**Understanding the Impact of Trauma and Moving Toward Implementation of Trauma Informed Approaches**  
This session will briefly address numerous effects of trauma on our physical, emotional and spiritual wellbeing. Discussion will also focus on healing from trauma and implementing trauma informed practices across service delivery.

**Joan Gillece, PhD**  
Director of National Association of State Mental Health Program Directors  
Substance Abuse and Mental Health Services Administration (SAMHSA)

10:45-11:45 a.m. **Plenary Session III**

*Introduction by:*

**Cheryl Duncan De Pinto, MD, MPH**  
Medical Director, Office of Population Health Improvement  
Maryland Department of Health

**Population Health Improvement**  
Attendees will learn more knowledge related to population health, its role in public health, health care delivery and the healing of communities. The panel will discuss diverse needs of rural counties, access to care issues, and strategic plan and community workforce development.
Jennifer Newman Barnhart, MPH  
Director, Office of Population Health Improvement  
Public Health Services  
Maryland Department of Health  

Alice Bauman, MSPH  
Deputy Director, Office of Population Health Improvement  
Public Health Services  
Maryland Department of Health  

11:45 a.m.-12:45 p.m. **Lunch and Exhibits**  
Local School Health Council members will pick up their lunch and go into the special Maryland State School Health Council meeting room  

12:45-1:00 p.m. **Housekeeping and Door Prizes**  
Please report back to the ballroom  

1:00-2:00 p.m. **Plenary Session IV**  

*Introduction by:*  
Alicia L. Mezu, MSN/Ed, BSN, BS, RN  
Health Services Specialist  
Division of Student, Family and School Support  
Maryland State Department of Education  

**Move It or Lose It: Promoting Wellness in the Workplace**  
This presentation will give educators, administrators and parents of children of all ages an overview of the importance of physical activity and tips on how to incorporate various low intensity activities into a typical daily routine. Valid and reliable resources will be shared that help participants further their discovery on this topic. Furthermore, participants will complete their own action plan to incorporate into their own lives.  

Alberto (Tito) Baca, EdD  
Professor, Montgomery College, Health Sciences  

2:00-2:15 p.m. **Break and Exhibits**
2:15- 4:15p.m. **Workshop Sessions**

**WS1 – Legal and Ethical Issues in Schools: What School Nurses Need to Understand**
This workshop will examine how school nurses address and resolve legal and ethical concerns in schools. Attendees will benefit from new knowledge of decision-making models in resolving conflicts and will be offered numerous strategies and resources to help address these concerns.

*Ann Mech, JD, RN*
Assistant Professor, PPEP  
Director, Legal Affairs  
University of Maryland School of Nursing

*Alicia L. Mezu, MSN/Ed, BSN, BS, RN*
Health Services Specialist  
Division of Student, Family and School Support  
Maryland State Department of Education

**WS2 – Gang Culture and Our Children: How You Can Make a Difference**
Attendees will be able to identify and examine the impact gang culture is having on all of our children, including the relevance to bullying and cyber bullying issues. This presentation will also discuss the appropriate use of research-based gang prevention and intervention strategies.

*Vincent DeVivo*
Community Outreach Specialist  
United States Department of Justice  
United States Attorney’s Office for the District of Maryland

**WS3 – Immigrant and Refugee Health**
The panel discussion will allow participants to better understand the issues and barriers to immigrant and refugee student mental health while providing resources for audience members to access. Audience members will participate in a group discussion with panel members that will offer the opportunity for participants to ask questions and brainstorm ideas of how to best work with this population.

*Heather Kathrens, LGSW, CCTP*
Refugee Mental Health Program Coordinator  
Office of Immigrant Health  
Maryland Department of Health

*Emily Breichner*
Social Worker  
Refugee Youth Project  
Baltimore City Community College
**Eric Haber**  
Social Worker  
The Newcomer Project  
Office of Specialized Services  
Baltimore City Public Schools

**Alfredo Santiago, LCSW-C**  
Baltimore Medical System

**WS4 – Needs of Foster Care Youth**  
Children who are in foster care are some of the most high-risk educational students compared to the larger population. They can experience higher rates of school suspensions, expulsions, lower test scores, grade retention challenges, and may be in need of behavioral health and health supports. This workshop will consider the needs of foster care youth and will discuss best practice strategies and tools to help all foster care youth to become successful in schools and in the community.

**Derrick Riggins, MSW**  
State Independent Living Coordinator  
Maryland Department of Human Services

**Brandi Stocksdale, LCSW-C**  
Director, Placement and Permanency  
Maryland Department of Human Services

Do not forget to sign out at the end of the day!
Friday, August 4, 2017

7:30-8:15 a.m. **Registration, Exhibits, and Continental Breakfast**

8:25-8:35 a.m. **Welcome and Introductions**

8:35-9:35 a.m. **Plenary Session V**

*Introduction by:*
Rachel Hess-Mutinda, MSW, LGSW
Environmental Health Bureau
Maryland Department of Health

**Social Determinants of Health**
This presentation will help audience members better understand what is meant by social determinants of health and how they can best be addressed. Examples will be provided of projects in Maryland established to reduce health disparities, improve health outcomes, and reduce costs and hospital admissions and readmissions’ in specific areas of the State.

Michelle Spencer, MS
Johns Hopkins Bloomberg School of Public Health

Stephanie C. Slowly, MSW, LCSW-C
Deputy Director
Minority Health and Health Disparities
Maryland Department of Health

9:35-10:35 a.m. **Plenary Session VI**

*Introduction by:*
Brian Mattingly
Center for Cancer Prevention and Control
Maryland Department of Health

**Human Papillomavirous (HPV) Vaccination**
Attendees will gain an understanding of HPV vaccination and prevention of HPV associated cancers and will learn more about recommendations for how HPV vaccination should be addressed in schools.

Niharika Khanna, MD
University of Maryland School of Medicine

Gypsyamber D’Souza, PhD
Associate Professor
Johns Hopkins Bloomberg School of Public Health

10:35-10:45 a.m. **Break and Exhibits**
10:45-11:45a.m  Plenary Session VII

Introduction by:
Alicia L. Mezu, MSN/Ed, BSN, BS, RN
Conference Co-Chair
Health Services Specialist
Division of Student, Family and School Support
Maryland State Department of Education

Understanding Every Student Succeeds Act (ESSA) and its Role in School Health
This presentation provides the audience with a synopsis of ESSA and how it relates to school health. The role of specialized instructional support personnel (SISP) in ESSA will be considered, with examples of how SISP are factored in ESSA state plans and a discussion on what opportunities exist for SISP advocacy on behalf of students.

Mary L. Gable
Assistant State Superintendent
Academic Policy & Innovation
Division of Student, Family and School Support
Maryland State Department of Education

Donna Mazyck, MS, RN, NCSN, CAE
Executive Director
National Association of School Nurses

11:45-12:50p.m.  Lunch Presentation

Introduction by:
Cheryl Duncan De Pinto, MD, MPH
Medical Director, Office of Population Health Improvement
Maryland Department of Health

Update on the Maryland Response to the Opioid Epidemic: School and Community Approaches

Shanna Wideman, MA, CAADC, ICAADC
Chief of Child and Adolescent Substance Use
Maryland Behavioral Health for Adolescents and Young Adults (MD-BHAY)
Behavioral Health Administration

Kirsten Forseth, MPH
Overdose Prevention Policy Analyst
Maryland DHMH/ Behavioral Health Administration
Maryland Department of Health

Lynne Muller, PhD, NCC, LCPC
Section Chief, Student Services and School Counseling
Division of Student, Family and School Support
Maryland State Department of Education
12:50-1:50 p.m.  **Plenary Session VIII**

*Introduction by:*  
**Alan Lake, MD**  
Maryland State School Health Council

**Attention Deficit Hyperactivity Disorder (ADHD): Recognition and Management**  
This plenary will provide an update about the diagnosis and treatment of ADHD. Findings from the research literature and best practice in the field will be discussed, with consideration of how ADHD can best be addressed in school settings.

**Linda Grossman, MD**  
Pediatrician, Baltimore County Department of Health

1:50-2:00 p.m. **Break and Exhibits**
2:00-4:00p.m. **Workshop Sessions**

**WS5 – A Child Psychiatrist’s Approach to Recognition and Management of Anxiety and Depression in the School Aged Child**
This session will allow participants to better understand guidance and recommendations for the management and treatment of both anxiety and depression in school age youth. The perspective of a child psychiatrist will be shared with opportunity for discussion about with participants.

**Michael Labellarte, MD**  
Child and Adolescent Psychiatrist, CPE Clinic, LLC, Lutherville

**WS6 – Early Childhood Mental Health: Promoting Early Identification and Wellbeing in Young Children**
This workshop will provide an overview of foundational concepts for addressing early childhood mental health (ECMH) and social-emotional development of young children in schools and early childcare settings. Evidence-based approaches to ECMH screening, assessment, prevention, and intervention will be presented, with a particular focus on “real world” tools and resources. Lessons learned from state and local program implementation will be highlighted.

**D’Lisa Ramsey Worthy, MEd**  
**Rebecca L. Vivrette, PhD**  
**Brijan Fellows, LCSW-C**  
Taghi Modarressi Center for Infant Study  
Division of Child and Adolescent Psychiatry  
University of Maryland School of Medicine

**WS7 – Innocence Stolen: Protecting Our Children Online**
This presentation will focus on helping participants to gain a better understanding of social networking sources, sexting, and internet predators. Attendees will learn best practice to protect young people from negative and criminal online influences. Several strategies for prevention, intervention, and internet safety will also be discussed.

**Vincent DeVivo**  
Community Outreach Specialist  
United States Department of Justice  
United States Attorney’s Office, District of Maryland

**WS8 – Leaving Never Neverland: Transition Planning**
The transition through adolescence into young adulthood is one of the most difficult periods for chronically ill adolescents and their families. Adolescents living with chronic illnesses have to work through the issues of dependence for health care management. Attendees will learn to create strategies for planning and supporting adolescents along with their families during transition.

**Vicki Tepper, PhD**  
University of Maryland School of Medicine

**Kathy Tomaszewski, RN, BSN**  
**Renata Sanders, MD, MPH, ScM**  
Johns Hopkins Hospital  
Johns Hopkins University School of Medicine
<table>
<thead>
<tr>
<th>EXHIBITORS</th>
</tr>
</thead>
<tbody>
<tr>
<td>ABCD Study - University of Maryland School of Medicine</td>
</tr>
<tr>
<td>Acclaimed Promotional Specialties</td>
</tr>
<tr>
<td>Amerigroup</td>
</tr>
<tr>
<td>Action for Healthy Kids</td>
</tr>
<tr>
<td>American Dairy Association North East</td>
</tr>
<tr>
<td>Baltimore County Department of Social Services</td>
</tr>
<tr>
<td>Beyond Care</td>
</tr>
<tr>
<td>Epilepsy Foundation Chesapeake Region</td>
</tr>
<tr>
<td>GEM Art Studio</td>
</tr>
<tr>
<td>HARBEL Prevention and Recovery Center</td>
</tr>
<tr>
<td>Maryland Attorney General’s Office, Health Education and Advocacy Unit</td>
</tr>
<tr>
<td>Maryland BHIPP</td>
</tr>
<tr>
<td>Maryland Department of Health - Office of Preparedness &amp; Response</td>
</tr>
<tr>
<td>Maryland Disability Determination Services</td>
</tr>
<tr>
<td>Maryland Early Intervention Program (EIP)</td>
</tr>
<tr>
<td>Mental Health Association of Maryland</td>
</tr>
<tr>
<td>Maryland Healthy Transitions</td>
</tr>
<tr>
<td>Maryland Hunger Solutions</td>
</tr>
<tr>
<td>Mary Kay</td>
</tr>
<tr>
<td>Maryland Suicide Prevention and Early Intervention Network (MD-SPIN)</td>
</tr>
<tr>
<td>US Games</td>
</tr>
</tbody>
</table>
CONTINUING EDUCATION
This conference is sponsored by The Center for School Mental Health, University of Maryland School of Medicine. Credit is awarded on a session by session basis, with full attendance required.

Attendees
A certificate of attendance will be available for attendees. To receive this certificate, attendees must sign in at the beginning of both days, attend the entire conference and complete the evaluation.

Counselors
The University of Maryland is an approved sponsored of the Maryland Board of Examiners of Professional Counselors and Therapists for continuing education credits for licensed professional counselors and therapists in Maryland.

Health Educators
This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 20 Category 1 contact education contact hours. Maximum advanced-level continuing education contact hours available are 0. The program ID is 26537.

Nurses and CRNP’s
Nurses may receive up to 20 contact hour(s) for participating in this educational activity. To request CE, nurses must attend CE designated session(s), submit completed evaluation survey and verification of attendance forms, and a fee of $30. Nurses will receive a CE certificate via email from the University of Maryland 2-4 weeks after submitting their request, required documents, and fee. All requests must be received within 90 days of the event.

The University of Maryland School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Psychologists
The University of Maryland School of Medicine is an approved sponsored of The Maryland Board of Examiners of Psychologists for continuing education credits for licensed psychologists in Maryland.

Social Workers
The University of Maryland School of Medicine is an approved sponsored of The Maryland Board of Examiners for Social Workers for continuing education credits for licensed social workers in Maryland.

You will receive a CE certificate on site or via email. Any contact hour requests must be received within 90 days of the event.

Continuing Education Hours
Wednesday, August 2, 2017 up to 8.00 hours (Youth Mental Health First Aid)
Thursday,  August 3, 2017 up to 6.00 hours
Friday,  August 4, 2017 up to 6.00 hours
Tina Backe, MA  
Coordinator  
Office of School Health  
Maryland Department of Health

Sara Booker, MPH, RD, LDN  
Professional Development and Technical Assistance Specialist  
Office of School & Community Nutrition Program  
Maryland State Department of Education

Cheryl Duncan De Pinto, MD, MPH  
Medical Director  
Office of Population Health Improvement  
Maryland Department of Health

Christine Evans Johnson, MA, CHES  
State Adolescent Health Coordinator  
Maternal and Child Health Bureau  
Prevention and Health Promotion Administration  
Maryland Department of Health

Patricia D. Franklin, PhD, RN  
Assistant Professor, Partnerships, Professional Education & Practice  
Director, Professional Education  
Director, Nurse Leadership Institute  
University of Maryland School of Nursing

Rachel Hess-Mutinda, MSW, LGSW  
Environmental Health Bureau  
Maryland Department of Health

Christina Huntley, MS  
Conference Coordinator  
Center for School Mental Health  
University of Maryland School of Medicine

Alan Lake, MD  
Maryland State School Health Council  
The Maryland Pediatric Group, L.L.C.

Nancy Lever, PhD  
Conference Co-Chair  
Co-Director, Center for School Mental Health  
Associate Professor, University of Maryland School of Medicine

Judi Lockett RN  
Program Manager for School Based Health  
Baltimore Medical System

Brian Mattingly  
Center for Cancer Prevention and Control  
Maryland Department of Health

Sylvia McCree-Huntley, MS  
Doctoral Candidate  
Director, Professional Development and Continuing Education,  
Center for School Mental Health  
Outreach and Education Lead, Maryland Healthy Transitions  
University of Maryland School of Medicine

Alicia L. Mezu, MSN/Ed, BSN, BS, RN  
Conference Co-Chair  
Health Services Specialist  
Division of Student, Family and School Support  
Maryland State Department of Education

Lynne Muller, PhD, NCC, LCPC  
Conference Co-Chair  
Section Chief, Student Services and School Counseling  
Division of Student, Family and School Support  
Maryland State Department of Education

Corine Mullings, LGSW  
Social Services Administrator II-Policy Analyst  
Maryland State Department of Human Services

Dorothy Nuckols, MPH  
School Health Support Liaison  
Center for Chronic Disease Prevention and Control  
Maryland Department of Health

Barbara Obst, RN, MS  
Coordinator  
Specialized Health Care Interagency Collaboration  
Kennedy Krieger Institute

Manjula Paul, MSN, RN, MPH  
Nurse Consultant  
Division of Early Childhood Development  
Maryland State Department of Education

Erin Penniston, MSW  
Deputy Director  
Center for Chronic Disease Prevention and Control  
Maryland Department of Health

Kay Schoo, RN  
Health Administrator  
Maryland Department of Juvenile Justice

Anita Stokes, MHA, MSN, RN  
Program Coordinator, Medical Home  
Office for Genetics and People with Special Health Care Needs  
Prevention and Health Promotion Administration  
Maryland Department of Health

Brandi Stocksdale LCSW-C  
Program Manager Substance Exposed Newborns  
Maryland Department of Human Services
The 22nd Annual

CONFERENCE ON ADVANCING
SCHOOL MENTAL HEALTH

Washington, D.C. • October 19-21, 2017 • #CSMH2017

Promoting Student Mental Health and Positive School Climate

The Annual Conference on School Mental Health is the nation's premier interdisciplinary conference on school mental health. Attendees represent the wide variety of stakeholders who shape school mental health, including mental health and health providers, educators, administrators, researchers, policy makers, other youth-serving professionals, and youth and family members.

NETWORK

with more than 1,200 anticipated attendees

ATTEND

155 conference sessions, training workshops, and symposium in nine tracks

EARN UP TO

20.5 continuing education credits

ADVANCE

your knowledge and skills in school mental health practice, research, training, and policy

Featuring Keynote Speakers

Dr. Freeman Hrabowski
"Creating a Climate of Success for All Students"

Dr. Tamar Mendelson
"Mindfulness in Schools"

Registration is now open!
csmh.umaryland.edu/conferences

The Conference on Advancing School Mental Health is hosted by the national Center for School Mental Health (CSMH; funded in part by the Health Resources and Services Administration).