SCHOOL HEALTH
INTERDISCIPLINARY PROGRAM

BEST PRACTICES IN SCHOOL HEALTH:
ADVANCING QUALITY AND SUSTAINABILITY
AUGUST 3 – 4 2016
SUPPORT PROVIDED BY:

University of Maryland School of Medicine
The Center for School Mental Health
Maryland Department of Health & Mental Hygiene
Maryland State Department of Education
Maryland Department of Human Resources
Maryland Department of Juvenile Services
Maryland State School Health Council
And YOU
Maryland State School Health Council

- Advisory Council to State Superintendent of Schools, Department of Education MSDE and Secretary of the Department of Health and Mental Hygiene DHMH
- Provide local school health councils with summaries of health issues, technical assistance, resources/links, and improved coordination and communication of effort
Maryland State School Health Council 2016-2017

- Chairperson: Alan M. Lake, MD
- Past-Chairs: Cheryl De Pinto MD, Alicia Mezu
- Treasurer: Joseph Leake
- Secretary: Chris Hersl
MSSHC: “Coming Soon!”
Enhanced Website

- msshc.wordpress.com
- Twitter: @msshc
- Officers and Contact information
- Relevant State Policies and Procedures
- Resources/links
- Best practices
- Directory of Local Council contacts
- Priorities:
  - Somatic and Behavioral Health Services
  - Communication of best practices
  - School based wellness and accountability
MSSHC  Survey of Need

- 20 of 24 Local School Health Councils

- Areas of need:
  - Need for annual review with superintendent of county/city schools and director of Health Department only 6/20
  - Support of Principals and Local Board
  - Reinvigorate councils
  - Identify and address inconsistent policies
MSSHC: Survey: “Core” Local Council Members

- Designated Administrator from County BOE
- Local Department of Health
- School Health Services Coordinator, Health Education, Physical Education, Mental Health, Nutrition, School Wellness, Parent/PTA, Staff Wellness, Facilities, Curriculum, Community Organizations, Recs/Parks
- Frequency and Productivity of meetings
MSSHC Survey: Noted Needs

- Consistent Health Policies
  - Diabetes, Asthma, Food Allergy
  - Civil Rights for Chronic Disease
  - School Nutrition, Physical Activity
  - Concussion, Return to Play/Learn
  - Reduce absenteeism

- Template for Bylaws

- Behavioral Health Issues

- Hot Topics: Opioids, Vaping, HPV
MSSHC: Agenda for 2016

- Meet with local councils to listen and address concerns and provide technical assistance in collaboration with other state agencies: ? Regional
- Improve multiple options of communication
- Provide updates on health issues and options for school-based initiatives
MSSHC: Participating Organizations/Partners

- County Chairs/Co-Chairs
- County Health Education Specialists
- State MSDE Coordinators
- State DHMH Coordinators
- MAHPERD
- American Heart Association
- Univ of MD/Johns Hopkins SOM/KKI
- Other interested partners in school health