21st Annual Conference on Advancing School Mental Health CoP Leadership Meeting
September 28, 2016
CoP Meeting Objectives

• Strategically **review progress** and consider pressing needs in the school mental health field to **inform the future** focus of the CoP

• Discuss the **structure of future conference tracks** and how these fit with practice groups and cross cutting themes

• Plan for the **lunchtime Thursday sessions** and discuss State CoP and Practice Group interests, needs, and intentions **moving forward**.

*Shape the Future of School Mental Health: Advancing Quality and Sustainability*
Welcome and Introductions

- Name
- Organization
- How are you Connected to the National Community of Practice on Collaborative School Behavioral Health (Practice Group, State CoP, New/Other)
- Idea for 2018-2020 Conference location
  - 2017 – Washington DC
  - 2018 – Las Vegas, NV
CSMH Annual Conference on Advancing School Mental Health

- 1996 Baltimore
- 1997 New Orleans
- 1998 Virginia Beach
- 1999 Denver
- 2000 Atlanta
- 2002 Philadelphia
- 2003 Portland, OR
- 2004 Dallas*
  * Launch of National Community of Practice on School Behavioral Health
- 2005 Cleveland
- 2006 Baltimore
- 2007 Orlando
- 2008 Phoenix
- 2009 Minneapolis
- 2010 Albuquerque
- 2011 Charleston, SC
- 2012 Salt Lake City, UT
- 2013 Arlington, VA
- 2014 Pittsburgh
- 2015 New Orleans, LA

- Sept 29-Oct 1, 2016 – San Diego, CA
COP HISTORY
How was the National Community Built?

- Bring people together from many levels: national, state, local, site, individual
- Invite professional and advocacy groups that share interests around an issue
- Invite federal policy, research, and TA investments
- Engage decision-makers, practitioners, and consumers
- Cut across organizational boundaries
- Cut across agency boundaries
- Unite people around their common interests
What is a Community of Practice?

• Mechanism to build understanding across groups

• Infrastructure for conducting an open dialogue around shared interests

• Conduit for supporting shared work

• Tool to look at issues at *multiple levels of scale*
Multiple Levels of Scale: Learning Loops Built Through Community

- Federal
- State
- Local
- Site
- Individual
The National Community of Practice (CoP) on School-based Behavioral Health

<table>
<thead>
<tr>
<th>Who is affiliated with our Community?</th>
<th>How Do We Operate?</th>
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<tr>
<td>• States/Districts</td>
<td>• 10 Practice Groups</td>
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<td>• National Organizations</td>
<td>✓ Issue Based</td>
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<td>• Bureaus within Federal Agencies</td>
<td>✓ Facilitated by stakeholder leads</td>
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<td>✓ OSERS</td>
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<td>✓ HRSA</td>
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<td>• Thousands of diverse stakeholders</td>
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<td><strong>Create interaction through</strong> <a href="http://www.sharedwork.org">www.sharedwork.org</a></td>
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<td>• Facilitate participation in existing efforts</td>
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<td>• Broker new opportunities</td>
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<td>• Use the networks of the community members to dramatically increase access to information</td>
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<td>• Use the community to bring the voice of the networks to the issues</td>
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1) Building a Collaborative Culture for Student Mental Health
2) Learning the Language: Connecting School Mental Health and Positive Behavior Supports
3) Connecting School Mental Health with Juvenile Justice and Dropout Prevention
4) Education: An Essential Component of Systems of Care
5) Families in Partnership in Mental Health
6) Improving School Mental Health for Youth with Disabilities
7) Psychiatry and Schools
8) Quality and Evidence-Based Practice
9) School Mental Health and Culturally Diverse Youth
10) Youth Involvement and Leadership
Historical Expectations for Practice Groups

• Participate in the RFP Process – soliciting, reviewing, selecting

• Lead practice group lunch session

• Engage in at least 1 discussion/activity with practice group participants to promote ongoing resource sharing, learning and skill development throughout the year (e.g., webinars, resource repositories, white papers, dialogue guides, fact sheets, listservs)

• Consider cross stakeholder and practice group collaborations
Historical Expectations for State CoPs

• Regular convening of meetings
• Participation from family, school, and community partners
• Develop clear agenda and goals/objectives to drive the advancement of high quality and sustainable school mental health
• Serve as a resource to and be informed by local CoPs, practice groups, and state CoPs
Successes

- Annual Conference – Solicitation and Review of proposals
- Improved Education/Mental Health Integration
- Genuine Family-School-Community Partnerships and Building New Relationships
- Leading by Convening Resources led by the IDEA Partnership
- Development of webinars, white papers, and other resources
- Coalescing around new grants and projects (community provided foundation)
Challenges

• Time
• Limited Administrative Support
• Minimal Funding Support
• Less distinction between practice groups over time
• Changing needs/gaps in an evolving field
WHERE IS THE SMH FIELD NOW?
Comprehensive School Mental Health Systems – Key Components

1. A full array of tiered services

2. Collaborative family-school-community partnerships to address barriers to learning

3. Evidence-based practices and address quality improvement
### Shifts in Health Care and Quality Improvement Efforts

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<th>OUT</th>
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<td>Volume</td>
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<td>Clinic</td>
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<td>Sick care</td>
<td>Wellness</td>
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<td>Open-ended entitlements</td>
<td>Global budget</td>
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School Health Services
NATIONAL QUALITY INITIATIVE

Accountability • Excellence • Sustainability

an initiative of the School-Based Health Alliance and the Center for School Mental Health
What is the NQI?

The National Quality Initiative (NQI) is an effort to advance excellence, and sustainability for school health services nationwide by establishing and implementing an online census and national performance measures for school-based health centers and comprehensive school mental health systems.
4-Stage Performance Measure Development

• Phase 1: Expert consensus
• Phase 2: Project advisor nominal group decision-making
• Phase 3: School mental health stakeholder modified Delphi process
• Phase 4: Revision via feedback from Cohort 1 CoiIN sites

Connors, Stephan, Lever, Ereshefsky, Mosby, & Bohnenkamp, 2015
National Performance Measure Domains: Quality

CSMHS "Quality" – refers to the characteristics which contribute to or directly represent the overall standard of services and supports provided in schools, based on established best practices in school mental health research, policy and practice.
CSMHS Quality Domains

- Teaming
- Needs Assessment and Resource Mapping
- Screening
- Evidence-based Supports and Services (Tier 1, 2, 3)
- Evidence-based Implementation
- Student Outcomes and Data Systems (Tier 1, 2, 3)
- Data-Driven Decision Making
National Performance Measure Domains: Sustainability

CSMHS "Sustainability" refers to the financial and non-financial dimensions of maintaining or supporting a self-sustaining system over time, in which its operational structure and capacity is sound and can evolve and adapt to match the changing needs of students, families, schools, communities, and other systems in their context.
CMSHS Sustainability Domains

- Funding and Resources
- Resource Utilization
- System Quality
- Documentation and Reporting of Impact
- System Marketing and Promotion
The SHAPE System

• The School Health Assessment and Performance Evaluation (SHAPE) System for school mental health systems is an interactive system designed to improve school mental health accountability, excellence, and sustainability.

http://theshapesystem.com
www.theshapesystem.com

School Health Assessment and Performance Evaluation System

Join Us!

When you click Join Now and answer a few questions, your school mental health system will be counted in the National School Mental Health Census and will receive a Blue Star SHAPE Recognition.

Also, we will use your name and e-mail address to update you on SHAPE System news and resources. Anyone (district/school leader, educator, health/mental health provider, parent, student, etc.) from a school system can join us!

Join Now

Schools and school districts can use SHAPE to:

- Be counted in the National School Mental Health Census
- Achieve SHAPE recognition to increase opportunities for federal, state, and local grant funding
- Access free, targeted resources to help advance your school mental health quality and sustainability
- Advance a data-driven mental health team process for your school or district

Register to Improve Your School Mental Health System

Free Custom Reports  Strategic Team Planning  Free Resources  Be Counted
Change and CoPs

• Reassessing and considering change to fit with evolving field is a part of CoPs
• Not meant to be a static entity
• Important to regularly evaluate what works and what does not work, to evolve with innovations in the field
Annual Conference Tracks & Cross-Cutting Principles

- Universal Mental Health Promotion (Tier 1)
- Mental Health Prevention (Tier 2)
- Mental Health Intervention and Treatment (Tier 3)
- Screening and Assessment
- Multi-tiered System of Support (MTSS) Implementation
- Funding and Sustainability

Cross-Cutting Principles:
- Cultural Responsiveness
- Quality and Evidence-Based Practice
- Family and Youth Partnerships
- Interdisciplinary Collaboration
- Data-Driven Decision Making
- Innovative Technology
Nominal Group Decision Making Process

1. What do you like and is anything missing from Conference Track Structure?

2. How can we best engage legacy and new stakeholders in this new structure?

3. How can leverage and partner with: Existing federal and state funded efforts, other TA/Resource Centers, Professional Organizations?

4. How can you and/or your organization support adoption of national performance measures on SHAPE?
Options for Current Practice Groups

– Connect to relevant tracks as makes sense to support topic area

– Keep as is (continue to meet/host webinars/develop resources/meet at annual meeting and during the year). Stay connected and be part of Community Calendar and Resources

– Disband and consider connecting with a particular conference track
Thursday Practice Group Training Session

• Introduce facilitators and get a sense of who is in attendance at the session and why they are interested in the topic

• Review accomplishments and activities of your group, discuss plans (if any), and brainstorm ideas for the upcoming year related to your topic area

• Consider new structure for conference tracks and where your topic area fits in
How the CSMH Can Assist

- Disseminate resources and upcoming events through listserv
- Will add Public CoP section to the CSMH website for core documents and information to be shared
- Consultation to State teams and practice groups around concerns/brainstorming/planned activities
- Assist with hosting webinars if other resources are not available (Goal to share this cost with other Centers and organizations)
- Host biannual leadership meetings (in person (Fall) and virtual (Spring))
WRAP UP