Learn the Dance! Understand the Elements to Support SMH from a Community Mental Health Center Perspective

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Session Objectives

• Objective One: The participant will be able to describe the Community Mental Health Center infrastructure needed to support School Mental Health within communities.
• Objective Two: The participant will be able to list three financial strategies to support and sustain School Mental Health initiatives.
• Objective Three: The participant will be able to list five non-financial elements imperative to supporting School Mental Health initiatives.
Infrastructure

• Administrative Oversight
  o Tasked with understanding health care and implications for integrating into school settings
  o Developing relationships with school administration
  o Look at the data prior to reaching out to a school
  o Program development/implementation
  o Determining medical necessity versus educational necessity

• Clinical Services
  o Understand the demographic through a needs assessment
  o Funneled through the lens of PBIS
  o Integrating technology

• Policy/Procedure
  o Whose procedure do you follow and when?
  o HIPPA versus FERPA

• Contractual Agreements (MOU’s)
  o Clearly outline expectations for schools and clinical providers
Financial Sustainability Elements

• **Blended or Braided Funding Model**
  - Relying on a single funding stream results in varying abilities to sustain

• **Fee-for-Service**
  - Spend time understanding all elements related to fee-for-service model
  - Stay informed: predict and prepare for health care changes

• **Seed Money**
  - Important for funding new/large initiatives
  - Define where this responsibility lies

• **Contractual Agreements**
  - Demonstrate proof of concept
  - Understand full terms of contractual agreement (contract management)
  - Value-Based Contracting
Other Sustainability Elements

• **PBIS Integration**
  - Agency policy and associate training
  - Program development on all 3 tiers

• **Cross-Training Opportunities**
  - Associates: internal orientation/professional development
  - Schools: professional development
  - In exchange: schools training mental health professionals

• **Data Collection and Sharing**
  - Utilizing universal screening tools
  - Findings have shown that
    - Reported psychosocial stressors decreased
    - GPA’s increased
    - Discipline infractions decreased
  - Share the data results
Other Sustainability Elements

- Connections to State-Level Efforts
  - Create a common language across our state
  - Build a community of practice
  - Collective impact
  - Grant opportunities from multiple systems
  - Bottom-up AND top-down
Questions?