

## CULTURAL AND LINGUISTIC COMPETENCY

The Bureau of Student Wellness counts amongst its core, guiding principles Cultural and Linguistic Competence (CLC).

CLC is the ability of individuals and systems to respond respectfully and effectively to people of all cultures, classes, races, ethnic backgrounds and religions in a manner that recognizes, affirms, and values the cultural differences and similarities and the worth of individuals, families, and communities and protects and preserves the dignity of each.

There are many reasons why NH families, schools, and communities would focus on increasing CLC including:

- Developing the skills, tools, and understanding of the cultural competencies needed in your community
- Improving cultural sensitivity/responsiveness
- Enhancing cultural awareness
- Improving capacity to understand diversity as an asset and to be sensitive to wide-ranging perspectives and diverse needs
- Improving understanding of cultural issues and social justice and to ensure compliance with the state and federal civil rights laws
- Recognizing and valuing people with different backgrounds, talents, and perspectives

## BUREAU OF STUDENT WELLNESS

The Bureau of Student Wellness is committed to the development of the whole child. We work, in collaboration with local communities, school districts, and individuals, to support students as they become fully productive members of society. Our approach allows us to affect real, meaningful change in the lives of all Granite Staters while remaining fiscally responsible, culturally competent, and youth guided.



Our initiatives focus on the individual and collective health of the community through a wide range of programs and services. These programs are currently being implemented in several pilot sites across the state. If you are interested in learning about how your community can benefit from our work, please contact us.

The Bureau of Student Wellness is housed within the New Hampshire Department of Education.



[www.NHStudentWellness.org](http://www.NHStudentWellness.org)  
(603)271-3730

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# Conversations on Culture and Diversity



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NH DEPARTMENT OF EDUCATION  
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## WHAT IS CONVERSATIONS ON CULTURE AND DIVERSITY?

The culture and diversity of NH's students take many forms. During this 4 hour training, participants to begin to explore the concepts of Culture and Diversity as they relate to their own personal beliefs and values and how that influences their practices in education, health, and/or behavioral health.

Delivered as a facilitated conversation, participants explore their own, personal culture and that of the communities in which they live and work. Benefits of this training include:

- ☑ Strengthening your organization's ability to respond demographic changes in your community
- ☑ Helping to eliminate longstanding disparities between people of diverse racial, ethnic, and cultural backgrounds
- ☑ Improving educational outcomes for all NH students
- ☑ Ensuring compliance with legislative mandates
- ☑ Decreasing the likelihood of liability claims



## WHAT WILL I LEARN?

The course teaches participants:

1. Definition of "diversity" and "culture" and similarities and differences between them.
2. Strategies to relate diversity and culture in your work.
3. How to identify your own cultural attitudes towards communication, appearance, time, authority, and work habits
4. The ways diversity and culture relate to education, social service, and behavioral health settings.
5. Impact of personal cultural attitudes on your daily interactions.
6. Identify behaviors that indicate a lack of cultural competence and those that indicate skill in cultural competence.
7. Explain the importance of cultural competence in education, health, and/or behavioral health.

## HOW DO I REGISTER FOR THE COURSE?

Those interested in participating in Conversations on Culture and Diversity can do so in one of two ways:

1. Register and attend the training as an individual
2. Bring a Conversations on Culture and Diversity to your organization

A complete list of available trainings can be found on the NH Student Wellness Mobile App. The app can be found on the Apple iStore or on Google Play by searching, "NH Student Wellness."

For more information, please visit our website:

[www.NHStudentWellness.org/clc](http://www.NHStudentWellness.org/clc)

