



Implementation of Telehealth in School Based Clinics

Vanderbilt University Medical Center
Department of Psychiatry



Background

- ▶ Vanderbilt School Based Program has partnered with MNPS to provide evidence-based treatment to students on-site at schools for over 28 years
- ▶ We serve about 870 children and adolescents in 34 elementary and middle school sites across Davidson County



Program Staffing

- Masters Level Therapists (27 FTE)
- Psychiatric Advanced Practice Nurse (0.4 FTE)
- Child & Adolescent Psychiatry Fellows (0.4 FTE)
- Supervising Child and Adolescent Psychiatrist (0.1 FTE)
- Clinical Director (1 FTE)



Stage 1: Initial Medication Management Model

- Multiple site visits per month. All visits completed in person
- Initial evaluations and ongoing medication management
- Additional NP time added to program



Evaluating Access to Medication Management Services

- ▶ Travel to school sites can be inefficient
- ▶ Telepsychiatry would allow for greater access and efficiency



Stage Two: Telehealth

- Telehealth pilot begins
- In person visits continue for remaining schools
- Use of telehealth highlighted barriers



Stage Three: Implementation

- ▶ Fall of 2017, vision for telehealth program wide developed
- ▶ Full implementation January – May 2018



Current – Revision stage

- New platform
 - Standardized expectations of all participants
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Standard appointment

- Therapist schedules (30 min time slot)
 - Parent comes to school
 - Call is made, provider talks with parent
 - Child participates last 15 min
 - Treatment plan created or revised
 - Follow up scheduled
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Reimbursement for Telepsychiatry

- Specifier is added to CPT code for medication management
- TN Care case rate
 - No additional revenue generated by the visit
 - Particular amount per patient per month that covers all services patient needs



Future Directions

- Data gathering
 - Modifications based on data
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Type of school served

