WE HAVE A ROLE TO PLAY AT SCHOOL

Schools are uniquely positioned to provide mental health promotion and prevention services to build resiliency and minimize the social and economic burden of mental illness.

THE POTENTIAL OF SCHOOL MENTAL HEALTH:
Economic models show that mental health promotion, prevention, and early intervention services at school yields significant return on investment, for example:

- Social Emotional Learning (83.73 £ Return/£ Invested)
- Anti-Bullying Programming (14.35 £ Return/£ Invested)
- Early Years Mental Health Promotion ($6-16 Return/$ Invested)

Investments in school mental health yield cost savings in other sectors like health and justice.

SCHOOLS ARE OPTIMAL SETTINGS FOR:
- Encouraging hope, purpose, and belonging, every day, for all students
- Enhancing social-emotional skills and good self-care strategies
- Building student mental health literacy
- Reducing stigma
- Supporting youth voice and leadership
- Partnering with parents/guardians/caregivers to enhance well-being
- Identifying mental health problems early
- Providing evidence-based prevention services
- Supporting students to access more intensive services when needed