Welcome
Lights, Camera, Action

Answer the question by:
Opening a browser on any laptop, tablet or smartphone
Go to slido.com
Enter the event code #AWARE

Where are you from?
Lights, Camera, Action:
Engaging Families and Community with a Mental Wellness Film Series

Adrienne Boisson – Director Project AWARE
Christopher Williams – Assistant Director Project AWARE
Take 1 – The Planning Process

To “Paper Tigers” or not to “Paper Tigers?”

Don’t I know him?

What about the kids?

How can we make it a family affair?

Kevin Hines has a movie?
Newton County School System's

PORTRAIT OF A GRADUATE

- Collabortive
- Resilient
- Critical Thinker
- Creative Thinker
- Empowered
- Employable
- Future Thinker
- Knowledge Seeker

Well-Rounded and Prepared For The Future
What is your favorite movie genre?

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Mental Wellness Film Series
Family Mental Wellness Film Series

**Inside Out**

- An inside look at how Joy, Sadness, Fear, Disgust, and Anger control 11 year-old Riley's memories and current experiences as her whole world changes.

**The Grinch**

- The Dr. Seuss classic about the growth that the vindictive Grinch experiences after being touched by the kindness of the Who community.

**Horton Hears a Who**

- A suspenseful Dr. Seuss adventure punctuated with lessons about individuality, friendship, community, inclusiveness, and perseverance.
Eleven discussion prompts for parents:
Ex 1) Out of all the emotions represented in this movie, which one do you think has created the most memories inside of you?
Ex 2) What problem does Riley think running away will fix? Why is she wrong? What could have happened to her if she’d gone through with her plan? Parents, talk to your kids about why Riley’s idea — and how she went about trying to accomplish it — is not an example to follow.
Youth Mental Wellness Film Series

Hosted by NCSS Project Aware

Social Emotional Learning with THE GRINCH

Activities Following the Film
Free Admission

GRINCH GROW YOUR HEART BINGO!

How many good deeds can you do this Grinch season? Draw a heart around each good deed you do.

HEART

- Donate clothes you no longer wear
- Help give toys and food donations for the holidays
- Clean your room
- Write a letter to someone who has done something nice for you
- Help do the chore chart
- Help serve at a shelter
- Tell someone in your family how much you love them
- Bake cookies for the neighbors
- Help take care of an elderly family member
- Help build a house for charity
- Help do the chore chart

FREE ADMISSION

- Bring a friend to the film
- Help the people in your family
- Help take care of an elderly family member
- Bake cookies for the neighbors
- Help build a house for charity
- Help do the chore chart

Christmas Tree

Christmas Caroling
Youth Mental Wellness Film Series

March 30, 2018
Horton Hears A Who!

6:00 pm-8:30 PM
Newton High School

Popcorn & Drinks
Face Painting
Prize Giveaways
Activities Following the Film

Free Admission
Reserve Tickets: Eventbrite
http://bit.ly/2ndsMzD
Documentaries
Mental Wellness Film Series

Mind/Game: The Unquiet Journey of Chamique Holdsclaw
This powerful story of courage, struggle, and redemption follows “the female Michael Jordan,” from troubled family life to basketball superstardom, and reveals her long-hidden battle with mental illness.

Suicide: The Ripple Effect
• “This film is part of a global mission to help reduce the number of suicides and suicide attempts around the world. Through sharing stories of survival and recovery we are creating significant awareness of this health crisis, while helping people find the support they need to stay alive, heal and #BeHereTomorrow!”

Outside the House: A Mental Health Documentary
• “This film is not about statistics, or science, or theories, or practices. It's about mental health and courageously sharing our stories so others will know they are not alone. It's about what happened to us, what will happen to our children, and breaking cycles that are killing us in dark places.”
Event Host
Amanda Mullinax ~ NCSS Project AWARE Youth Mental Health First Aid Trainer

Panel Discussion
Moderator: Chiquita Perry ~ NCSS Behavior Intervention Specialist
Reinette Arnold ~ Behavioral Health Link
Cheryl Benefield ~ GaDOE Program Manager, Safe and Drug-Free Schools
Larry Evans ~ Garrett Lee Smith Zero Suicide Coordinator
Wendell Fields ~ Behavioral Health Link
Jennifer Wilds ~ View Point Health
“Once I stepped outside the house, I realized that I wasn’t alone.”

Panel Discussion
Moderator: Shakila Henderson-Baker ~ NCSS Board of Education
Darnell Lamont Walker ~ Creator, Director, Editor
Melissa Brown ~ School-based Mental Health Clinician
Cheron Crouch ~ Behavioral Health Link
Larry Evans ~ Garrett Lee Smith Zero Suicide Coordinator
Wendell Fields ~ Behavioral Health Link
Caryn Thompson ~ CPSP, Mental Health America Of Georgia & NAMI Georgia
Camryn Triplett ~ Silence the Shame
Jennifer Wilds ~ View Point Health
Resources

Panelists

- Behavioral Health Link / Georgia Crisis & Access Line
- Suicide Prevention Coalition
- Zero Suicide Coordinator
- Georgia Department of Education (Safe & Healthy Schools)
- Local Clinicians

Door Prizes

- Social Emotional Learning Books
- Take home activities
- Parental question guides
Marketing

Physical
- PBIS Coaches
- Flyers
- Car Rider Lane
- Community Partnerships

Virtual
- Eventbrite
- Social Media
  - Facebook, Twitter, Instagram
- Email
Data Collection and Family Engagement
**Event overview**

- **Active users**: 17
- **Questions**: 15
- **Poll votes**: 26

**Anonymous**
7 May, 8:22pm
What role do you think sexuality and gender identification plays into mental illness?

**Anonymous**
7 May, 7:49pm
What effects do you think hypermasculinity has on boys and girls in their futures?

**Anonymous**
7 May, 8:21pm
I experienced a trauma only a few years ago that really affected me but I've grown to learn to accept it on my own. No one knows. How can I tell my family?

**Anonymous**
7 May, 8:32pm
I've always wanted to have a child of my own. Now I'm too scared I'll pass down my illnesses to my child. Do I put my wants first or the health of the baby?

**I feel comfortable talking to my doctor about my mental health needs.**

- Strongly agree: 42%
- Agree: 42%
- Neither agree nor disagree: 12%
- Disagree: 5%
- Strongly disagree: 0%

**How did you hear about this event?**

- 8%

**Why did you decide to attend this event?**

- 6%
Family Engagement

Conversations Matter!

Words have power
Coming Soon!

Family Mental Wellness Films Series 2018-2019

Family Films
- Horton Hears A Who
- The Grinch
- Coco

Documentaries
- Angst – Parents
- Holden On – Counselors
- Mind Game – Sports Teams
- Resilience – TBD
Thank You!

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http://bit.ly/mm4mh
#1mm4mh