School Counselors Can Jazz Up their School Through Evidence-Informed PBS Practices

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Introductions

- General Introductions
- Where do you live?
- In which type of setting are you currently employed?
- What would you most like to learn from today’s session?
Learning Objectives

- Understand the importance and connection between school mental health and positive behavioral supports
- Understand the school counselor’s role in connecting school mental health and positive behavioral supports
- Identify a concrete strategy for implementing a PBS approach
School Counselors

Counselor
Educator
Advocate

Supporting the Whole Child
Why Follow a National Model?
School Counselors Consult and Collaborate With Everyone
Develop Advisory Councils
School Mental Health and Positive Behavioral Supports

- Creating readiness, initial implementation, and institutionalization are all factors that should be considered when implementing PBS to advance mental health.

Bradshaw & Pas, 2011
RTI: From a **Three**-Tiered Approach to a **Four**-Tiered Approach

In order for systemic change to occur.....

1- School counselor/principal partnership
2- Develop an annual agreement
3- Present the findings from a comprehensive needs assessment
4- Develop strategies to meet goals
5- Identify target behaviors
6- Collaborate to find realistic, specific, and measurable goals
Research

- The Incredible Years
- Strengthening Families
- The Parent Project

Lambros, Culver, Angulo, & Hosmer (2007)
Cluster Randomized Trial

- Evaluate external support for the implementation of school wide PBS interventions and supports by school personnel.

- Cognitive behavioral group therapy (i.e., Coping Power Program and Friends for Life)

Eiraldi and colleagues (2014)
Bottom Up Approach

• Concatenating school and family PBS interventions as a bottom up approach to promote academic competence and behavioral health in public schools

Dishion, 2011
Resources

- 6 Steps to a Positive School Climate and Culture
- PBIS
- Everything You Need
- A School Improvement Tool for Moving Towards a Comprehensive System of Learning Supports
Group Discussion

- What stood out to you from the material discussed?
- What is the biggest barrier to connecting school mental health and positive behavioral supports?
- What is one thing you can do when you leave here today to begin to initiate change at the micro-level?
THANK YOU

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