Pre-School Mental Health

Addressing the Needs of FUTURE Students in Early Learning Environments

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Why address pre-school mental health?
Let's take a look at what we know...
Early Childhood Mental Health Consultation Mission
• Promote the SE & B health of young children.
• Support the development of young children’s SE & B competence.
• Support safe, nurturing, high quality early learning experiences.
• Prevent and address challenging behavior using EBPs and PBS.
• Promote data driven decisions and practice.
• Prevent suspension, expulsion, and exclusionary or punitive practices.
• Reduce future school failure, MH treatment, juvenile justice involvement.
Who are
Early Childhood Mental Health Consultants?
2. Foundational Knowledge

4. Reflective Practice

5. Child and Family Consultation

8. Systems

3. Culture

1. Role of the I/ECMHC

6. Classroom/Home Consultation

7. Programmatic Consultation
What ECMHC Is

- Prevention
- Early Identification
- Developmental Screening & Assessment
- Teacher Classroom support
- Observation & feedback
- Awareness of Trauma and Its Effect on Children
- Training & Coaching
- Community Advocacy
- Early learning center support & TA
- Referral and Linkage
- Parent Support
- Promoting Staff Wellness
- Professional Development
What ECMHC ISN’T

• Formal Diagnostic Assessment
• Formal Evaluation
• Therapeutic Play Group
• Individual Therapy
• Family Therapy
• Staff Therapy
• Therapeutic Support Group
Sometimes I want to play with a toy my friend has.
Sometimes I get mad or upset.
Sometimes I feel like taking the toy or hurting my friends.
Making a Difference

- Child outcomes
- Parent outcomes
- Early Learning Professional Outcomes
- Program Outcomes
- Community Outcomes
Common themes:

Bias
Trust
Communication
Stress
Time
Collaboration
STAY TUNED...