Building State and Local Capacity that Supports Sustainability of School Mental Health

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Objectives

- Learn strategies to build state and community policies and procedures that support long-term sustainability for school mental health (SMH)
- Identify funding strategies to support SMH programming and services
- Learn tools to develop policy that supports state and community fiscal sustainability
Proven Strategies to Build Capacity at the State and Community Levels to Sustain SMH

1. Collaboration among state/community leaders
2. State and community teams that focus on school MH/BH
3. Work from a common vision among systems
4. Align SMH within current state and local policies, procedures and fiscal systems
5. Develop and/or revise funding to support SMH sustainability
Collaboration Among State/Community Leaders

- Partner with leaders who have …
  - Common goals
  - Common vision
  - Consistently advocates for children and youth services
  - Passion to positively change their State and community

- Schedule meetings with each to discuss benefits of SMH
- Be prepared to spend sufficient time on building collaborations
State and Community Teams Focus on School MH/BH

- Composed of leaders with similar mission and purpose
  - Education
  - Mental/behavioral health
  - Health care organizations
  - Juvenile justice
  - Social service
  - Family and youth organizations
- Join existing state or community team
- Develop co-leadership
Work From a Common Vision Among Systems

Some questions to discuss with your team …

1. What are the various systems’ similarities in mission? In purpose?

2. What are the team members’ convictions and passion for doing this work?

3. What goals do we want to accomplish?
What Has Been Your Common Vision in Your State around SMH?

Tier I: Universal Instruction (All Students)

Tier II: Targeted Interventions (Some Students)

Tier III: Intensive Interventions (Few Students)

Multi-Tiered Framework
Google images 2017
Align SMH Within Current State and Local Policies, Procedures and Fiscal systems

- Assess state policies and procedures within each agency or organization represented on the SMH team.

- Some questions to consider:
  1. Are there common purposes? Requirements?
  2. Are there duplications?
  3. Where are the gaps?
  4. Could any of the SMH activities or services be met through SMH programming?
  5. Would it be beneficial to combine resources?
Determine Collective Desired Outcomes

- Where do we want to go?
- What results/outcomes do we want to obtain?
- What type of SMH programs do we want to build in the community or statewide?
Develop and/or Revise Funding To Support SMH Sustainability

- What fiscal resources do we have currently?
- What resources are missing?
- Are there gaps in services?
- What supports are provided in each system?
- What is needed to develop or revise?
- What is the current capacity to build the program across the state or community?
- Are there infrastructure gaps?
- What funding mechanisms will support SMH?
Healthy Safe Children
School Mental Health Modules
www.healthysafechildren.org

Mental Health Module Series
A series of interactive, self-paced learning modules on developing and implementing a...

VIEW SERIES >

1. Promoting Mental, Emotional, and Behavioral Health
2. Introduction to Comprehensive School Mental Health
3. Preparing to Implement a Comprehensive School Mental Health Program
4. Implementing a Comprehensive School Mental Health Program

Coming Soon
Learning Module COMING SOON
Online SMH Resources on Sustainability and Financing SMH from the National Resource Center for Mental Health Promotion and Youth Violence Prevention (healthysafechildren.org)

Resources

- **Creating Self-Sustaining, Replicable School Mental Health Programs: A User's Guide**
  Identifies the key factors for maximizing school mental health sustainability and replicability, including community collaboration, maximizing funding streams, role clarification, identifying necessary ancillary services, expanding insurance benefit sets among other factors.

- **Sustaining School Mental Health Services: Is there an App for that?**
  Highlights two school mental health programs and the common elements of their successful business plans and funding strategies for expanding school mental health services and financing.

- **What Are Some Strategies for Sustaining School Mental Health Programs?**
  Provides system of care communities with information on developing sustainable school mental health programs.

- **Scope, Scale, and Sustainability: What It Takes to Create Lasting Community Change**
  Examines six factors related to the ability of a comprehensive community initiative to generate community-level outcomes and sustain them over time.

- **Developing a Business Plan for Sustaining School Mental Health Services: Three Success Stories**
  Highlights three successful models (Pennsylvania, Washington, DC and Minnesota) for sustaining school mental health services.

- **Stories of Sustainability: A Snapshot from Safe Schools/Healthy Students Initiatives**
  Guides schools, juvenile justice agencies, law enforcement, mental health providers, and other community organizations to work in partnership addressing issues such as healthy childhood development, substance abuse and violence prevention, and mental health promotion.
Online SMH Resource
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THANK YOU!