Maryland Healthy Transitions

One in four young adults experience mental illness. Healthy Transitions is a SAMHSA-funded program that serves young people ages 16-25 with (or at risk for) severe behavioral disorders.

The goals of Healthy Transitions are to:
• Raise awareness of young people’s mental health challenges.
• Increase early identification of mental health conditions in young people.
• Provide services and supports to meet the needs of young people while they transition into adulthood.

How do we accomplish these goals?
Healthy Transitions staff work to:
• Improve young adults’ outcomes in employment, housing, behavioral and physical health, education, and criminal justice involvement via flexible assertive community treatment.
• Engage, educate, and support families and communities through family psycho-education and broader outreach and education.
• Enhance core competencies of behavioral health practitioners.
• Link local implementation to state-level program and policy developing to address broader system and financing issues.

Where is Healthy Transitions?
Healthy Transitions currently serves the following Maryland counties: Anne Arundel, Caroline, Dorchester, Kent, Queen’s Anne’s, and Talbot.

How can I learn more? Contact us!

Sylvia McCree-Huntley, EdD
Outreach & Education Lead
University of Maryland School of Medicine
shuntley@som.umaryland.edu | 410-706-0981

Rebecca Lepter
Outreach & Education Specialist
Crossroads Community (Caroline, Dorchester, Kent, Queen Anne’s, Talbot Counties)
lepterr@ccionline.com | 443-988-2101

Tonisha Patterson, MS
Outreach & Education Specialist
Arundel Lodge (Anne Arundel County)
tpatterson@arundellodge.org | 443-443-5900 x5921

Follow us on social media:
Facebook MarylandHealthyTransitions2020
Instagram @MDHealthyTransitions