HOW CAN WE TRUST EACH OTHER?

TRUST BUILDING ACTIVITIES FOR EVERYONE

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EXPERIENTIAL EDUCATION

Hands on learning, that begins with a real life concrete experience after which the person reflects on the experience and makes broader applications.

What? So What? Now What?
STAGES

Concrete Experience
↓
Reflective Observations
↓
Abstract Conceptualization
↓
Active Experimentation

(Kolb, 1984, 2014)
BUILDING TRUST

• How do we build trust?
• How is trust broken?
• Why “trust building” is it important?
• How does “trust” among students and staff effect a classroom/school?
TRAUMA INFORMED

• Creating Safety First
• Trauma Informed Lenses
• Respecting Personal and Emotional Space Boundaries
• Giving Choices
• Giving the option to “Pass”
DISCLAIMER & INFORMED CONSENT

• Inherent risk of injury is a part of all activities, whether it be physical or emotional.
• Facilitators (us & you) make reasonable effort address risk management.
• Participation is encouraged, but is voluntary.
• Participants assume all risk and liability for any losses or damages as a result of participation or facilitation.
• Presenters are not responsible for the misuse of any information or activities.
PREREQUISITES

• Well Established Rapport
• Connections
• Community
• Adult Supervision
• Time (Facilitation and Debriefing)
• Safety
• Appropriate Behaviors

Must have “Connections” before “Content” 😊
LET’S BEGIN…

• “Spotting”

• Ice-Breakers
LET’S PROGRESS…

• Trust Building Activities
DEBRIEFING

• Post-Activity debriefing

• End-of-day debriefing
APPLICATION & DISCUSSION

Take about 5 minutes & write about how you might utilize these activities in your setting.

Discussion

• Questions
• Barriers
• Exciting New Ideas 😊
WANT TO LEARN MORE ABOUT EXPERIENTIAL EDUCATION?

Online Resources

Association for Experiential Education: https://www.aee.org/

Fun Doing: http://www.fundoing.com/

Project Adventure: https://www.flaghouse.com/General-Education/Project-Adventure/

Training Wheels: https://www.trainingwheelsgear.com/

Youth Light Inc: https://youthlight.com/

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REFERENCES


