TIERED INTERVENTIONS USING SOCIAL EMOTIONAL AND MENTAL HEALTH SUPPORTS

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LEARNING OBJECTIVES

Participants Will:

● Understand the Causeway Galveston Partnership and Model

● Develop a Roadmap for Replicating the Implementation Process
  ○ Realize the BENEFITS
  ○ Expect CHALLENGES and SOLUTION SEEK
  ○ Develop STRATEGIES/TOOLS for implementation within YOUR district
Causeway Galveston:
Social and Emotional Learning and Mental Health Supports

Family Service Center of Galveston County
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Mental Health Therapists
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- Zuri Robbins-Briz

Text Campaign Lead
- Shannon Guillot-Wright, PhD
**Mission**
We will create a supportive culture that empowers youth to thrive in the community we share.

**Vision**
A socially and emotionally healthy community for tomorrow’s youth.
CATCHING THE WAVE...  

Change in Climate + Readiness to Collaborate = SUSTAINABLE ACTION
6900
STUDENTS
74% FREE
LUNCH
77% AT RISK
ETHNICALLY
DIVERSE
TURNING THE TABLE...ULTIMATE CG GOALS

• Develop adult/student SEL competencies
• Reduce student risky behaviors
• Decrease student emotional distress
• Increase student achievement
• Improve school/community climate and connectedness
HOW WE ARE DOING IT

Social Emotional Learning

Galveston ISD
CASEL’S SEL MODEL
QUESTIONS THAT GUIDED OUR THINKING

Is it CASEL aligned?

Does it address the needs of our students?

Best Practice?
<table>
<thead>
<tr>
<th>Tier Supports</th>
<th>SEL Supports</th>
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<tbody>
<tr>
<td>- Professional Learning</td>
<td>- Coaching</td>
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<td>- SELfie Teachers</td>
<td>- SEL Lesson Plan Integration</td>
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<td>- Integration of SEL with District Initiatives</td>
<td>- Safe Zone</td>
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<td>- PATHS/Fourth R</td>
<td>- SEL Culture Talks</td>
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<td>- Motivational Monday</td>
<td>- Healthy Relationships Texting Campaign</td>
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<td>- Media/ARK students</td>
<td>- Student Leadership Retreat (SELfies)</td>
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<td>- SEL/MH Advisory</td>
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<td>- PTO meetings</td>
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<td>- Community Presentations</td>
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<td>- Community Outreach Events</td>
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<td>- Parent Book Studies</td>
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TIER 2 SUPPORTS: STUDENTS

- CHECK-IN CHECK OUT
- RESILIENCE
- HRPP
- GROWTH MINDSET
- MINDFULNESS
- ZEN DEN
- OPTIMISM
- OCI SUPPORT GROUPS
TIER 3 SUPPORTS: STUDENTS AND FAMILIES

- STUDENT GROUPS
  - Mood Enhancement
  - Seeking Safety
  - Grief and Loss
  - Trauma

- FAMILY THERAPY
- INDIVIDUAL THERAPY
Turning the “At Risk” Triangle Upside Down

Previous Approach

Current Approach

Our Goal

Tier 1
Prevention
School-Wide

Tier 2
Targeted Intervention

Tier 3
Intensive Intervention

Tier 1
Prevention
School-Wide

Tier 2
Targeted Intervention

Tier 3
Intensive Intervention

Tier 1
Prevention
School-Wide

Tier 2
Targeted Intervention

Tier 3
Intensive Intervention

Our Goal
WEB OF SUPPORT FOR ALL
• What do you think are the benefits of developing a partnership that promotes SEL/Mental Health?
EXPECT AND EMBRACE THE
EVALUATION PROCESS

• Process and Outcome Data
• Quantitative and Qualitative Data
• Continuous Quality Improvement

“Thank you and your team for everything you do. These daily activities have brought my classroom together and has created a great energy in our room.”
• Communication Barriers
• Limited Buy-in
• Power Imbalances/Inequities
• Knowledge/Beliefs
• Contextual Barriers
• Limited Resources
Solution Seeking
PARTNERSHIPS THROUGH RELATIONSHIPS

• Create a shared identity and ownership for your partnership (name, logo) while maintaining individual agency integrity.
PARTNERSHIPS THROUGH RELATIONSHIPS

• Develop effective communication
  • Meet regularly and face-to-face
  • Define terms and share experiences
  • Promote team spirit (celebrate successes)
  • Maintain a solution-seeking, growth mindset

Communication > Practice your SEL Skills!
PARTNERSHIPS THROUGH RELATIONSHIPS

• Develop ways to prevent and manage conflicts
  • Share the spotlight – this is a “we” initiative not a “me” initiative
  • Identify and stay in roles
  • Divide up the labor but do some labor together
  • Normalize “trust issues” and trust building as part of the developmental partnership process
  • Openly discuss worries and concerns and problem solve how to minimize those (be flexible)
PARTNERSHIPS THROUGH RELATIONSHIPS

• Get buy-in from key stakeholders
  • Present the benefits of SEL and MH supports together to respective boards/leadership
  • Train and develop SEL/MH ambassadors across partners
  • Keep asking – Who else needs to be at the table? What are we missing?
TOOLS FOR SUCCESS

• Agenda/Minutes
• Dashboard
• Social Contract
• Action Plan
• Seek the Joy
• Engagement Surveys
• Shared Google Drive
• Proper Staffing
BRAIN DUMP

• Keeping in mind the project that brought you to this workshop or a project that you are now considering, please take a few minutes to brainstorm.

• Things to think about:
  • Describe your goal – what would you like to do or accomplish?
  • Identify at least 2 key people that will need to be involved.
  • Identify any challenges you expect to face.
  • What opportunities await you?
  • Note any solutions you plan to implement to overcome those strategies.
OUR CONTACT INFORMATION

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