Chicago Public Schools
Healing Trauma Together (HTT) Program

**HOW IS IT FUNDED?**
The U.S. Dept. of Education’s Promoting Student Resilience (PSR) Program awarded CPS a grant of $2,375,000 for program implementation from 2016 to 2018.

**HOW IS IT IMPLEMENTED?**
The HTT program is implemented by the CPS Office of Social Emotional Learning (OSEL), in collaboration with hospital, university, and community mental health partners.

**WHAT IS THE PURPOSE?**
The HTT program aims to create 10 trauma-informed high school communities that promote student resiliency through trauma-sensitive climates, practices and interventions.

Optional Program Components:
- Universal Trauma Screenings & Related Services
- MIKVA Youth Wellness Teams
- NAMI Ending The Silence Presentations
- Trauma Leadership Teams

**HOW IS IT MEASURED?**
The HTT program is being evaluated by the American Institutes for Research (AIR); program evaluation includes survey, focus group, and interview data.

600+ surveys from training attendees in 2017 indicated:
- 95% were “very satisfied” or “somewhat satisfied” with HTT trainings, and
- 97% found HTT trainings to be “very useful” or “somewhat useful.”

**HOW MANY STUDENTS RECEIVED SERVICES?**

Total 563 students in 2017-18:
- 170 students in group interventions
- 393 students in 1:1 counseling

Total 216 students in 2016-17:
- 136 students in group interventions
- 80 students in 1:1 counseling

**10 PARTNER HTT HIGH SCHOOLS**

<table>
<thead>
<tr>
<th>School</th>
<th>Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Austin</td>
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<td>Harper</td>
<td>161</td>
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<tr>
<td>Julian</td>
<td>584</td>
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</tbody>
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**TRAVMA-SENSITIVE SCHOOL MODEL WITHIN A Multi-Tiered Systems of Support (MTSS) Framework**

**Tier 3**
Individual mental health services

**Tier 2**
Targeted services for some students exposed to trauma and at risk for further impact

**Tier 1**
School-wide strategies informed by an understanding of trauma and designed to build resilience, mitigate impact, support healing and minimize trauma

**Individual Counselling Services**
by DePaul, HELP, and Youth Guidance

**Behavior Health Teams (BHT) Workshops**
by Lurie Children’s Hospital

**Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) Group Intervention Services**
by Chaddock, DePaul, HELP, & Youth Guidance

**Trauma Training Series**
Training-Sensitive Schools
Child-Adult Relationship Enhancement
Safety Care, Youth Mental Health First Aid
Discipline in the Secondary Classroom
Community Resilience Trainings
by the Chicago Dept. of Public Health

**HOW MANY PEOPLE RECEIVED TRAINING?**
- Total 62 trainings across 10 schools to 1548 attendees

Last Revised: 7.27.18