A Practical and Proven Solution to Implement SEL in a Multi-Tiered Framework

“Children are not well served when teachers believe that teaching behavior requires different skills than teaching academics, or that teaching academics will magically improve behavior.”

Dr. Bob Algozzine, University of North Carolina

Loss of Time

<table>
<thead>
<tr>
<th>432 O.R.</th>
<th>Student</th>
<th>Administrator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minutes</td>
<td>12,960</td>
<td>6,480</td>
</tr>
<tr>
<td>Hours</td>
<td>216</td>
<td>108</td>
</tr>
<tr>
<td>Days</td>
<td>27</td>
<td>14</td>
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www.pbismaryland.org/costbenefit.xls
Social and Emotional Learning

The process through which children and adults acquire and effectively apply the knowledge, attitudes and skills necessary to...

- Understand and manage emotions
- Set and achieve positive goals
- Feel and show empathy for others
- Establish and maintain positive relationships
- Make responsible decisions
What's the connection?

Social and Emotional Learning

Academics

Social and Emotional Learning

- Self-Awareness
- Self-Management
- Social Awareness
- Relationship Skills
- Responsible Decision-Making

Critical Thinking

- Understanding where your perspective comes from
- Having the desire to learn and evolve
- Understanding that others' perspectives are unique and nuanced
- Exploring and collaborating productively
- Making judgements based on evidence and context

Proactive Teaching

We can't hold kids accountable for things we've never told them we expect.

Behavior should be treated like academics. Students have to be taught the skills they need.
Proactive Teaching

**Planned Teaching**

- Whole-School Approach
- Skill-of-the-Week
- When to Use/How to Use
Planned Teaching

When to do it:

- **Neutral Time** – not in context with behavior
- **Frequently** – review learned skills so it stays fresh
- **To Reinforce** – strengthen new or weak skills or when an upcoming situation will require them
- **Before difficult situations** – when you anticipate that students might struggle

Proactive Teaching

<table>
<thead>
<tr>
<th>Planned Teaching</th>
<th>Preventive Prompts</th>
<th>Blended Teaching</th>
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Preventive Prompts

Examples:

- *"We're going to the library to do research. How will you ask for help when you're in there?"*
- *"When we go to the assembly, how do know what our appropriate voice tone should be?"*
Proactive Teaching

**Planned Teaching**

Teach skills within the context of academic lessons.

This gives time to academically reinforce behavior as well as creating generalizations for the skill's use in other situations.

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Blended Teaching

Examples:

- While studying artwork focus on Disagreeing Appropriately and Having a Conversation
- Conducting an experiment in chemistry class requires Following Instructions
- While reading Romeo and Juliet, ask what might have been different if they had Asked for Permission to see each other and what they should they have done if they got ‘NO’ for an answer

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Blended Teaching

**Generalization**

- Train in different settings
- Train with different people
- Make training sessions realistic
- Assign training or relevant homework
- Teach self-control strategies
Spontaneous Teaching

Examples:

• "Looks like we don't have enough rulers for everyone. Let's use our skill of sharing with others to make sure we can all get our work done."

• "Principal Smith is here, let's make sure we greet her."

Maintaining & Motivating

Praise

- General
  - "Good job!"
  - Thumbs up

- Specific
  - "Thank you for raising your hand!"

- Effective
  - "Molly, great job getting in line quickly. That will help us all get to lunch on time."
Maintaining & Motivating

Corrective Prompts |
Guided Self-Correction |
Corrective Teaching |
Corrective Strategies

<table>
<thead>
<tr>
<th>Academic Reading Scores</th>
<th>Incidents of Serious Misconduct</th>
<th>Attendance</th>
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<tbody>
<tr>
<td>3.1%</td>
<td>80%</td>
<td>15.6%</td>
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Omaha South High School
Omaha, NE

Referral Comparison

<table>
<thead>
<tr>
<th>Year</th>
<th>Total Referrals</th>
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<tbody>
<tr>
<td>2017-2018</td>
<td>2329</td>
</tr>
<tr>
<td>2018-2019</td>
<td>1759</td>
</tr>
</tbody>
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Where can you go from here?

- Prevent Problem Behavior
- Encourage Positive Behavior
- Correct Problem Behavior

Boys Town Resources

- Boys Town National Hotline
  1-800-448-3000

- Workshops
  1-800-545-5771
  boystowntraining.org
  Questions: training@boystown.org

- Boys Town Press
  1-800-282-6657
  boystownpress.org

- Social Media Accounts
  @BoysTownTraining
  @BoysTownPress
  @BoysTownPress
  @BoysTownPress
  @BoysTownPress

Questions: training@boystown.org
About Boys Town

Mission: Changing the way America cares for children and families

Vision: An America where every child and family receives the effective, compassionate care they need to be healthy in body, mind, and spirit.